



# Fall Protection

## Mining Industry

**4 HOUR AWARENESS COURSE - 8 HOUR OPERATIONS COURSE**



Our Fall Protection training course has been developed for those with an occupational requirement to be trained to safely perform work at heights.

The Mines Act and the accompanying Health, Safety and Reclamation Code for mines in British Columbia protect workers health and safety and references legislation related to working at heights and the need when practicable for fall protection systems to be implemented.

This Fall Protection course will establish an understanding of the statutory requirements of the federal COHS, Provincial and Territorial OH&S legislations, Mines Act and the accompanying Health, Safety and Reclamation Code for mines in British Columbia.

We will achieve this through discussion of fall protection fundamentals and by participating in skills exercises.

By the end of this Fall Protection course you will be able to:

- ▶ Describe effective fall protection, and where a fall protection plan is required.
- ▶ Describe various hazards and know how to handle hazards that are identified.
- ▶ Understand the hierarchy of choices and how conditions of the workplace affect the choice of fall protection.
- ▶ Should something go terribly wrong, you will know how to prevent prolonged suspension in a post fall protection device and you will understand how to effect a rescue.



**OH&S Safety Consulting and Training Solutions Ltd.**

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## **OH&S SAFETY CONSULTING AND TRAINING SOLUTIONS LTD.**

OH&S Safety Consulting and Training Solutions is a leading provider of industrial safety training, consultation, and equipment in Kamloops and the rest of Western Canada.

Our goal is to provide you with the most current and up to date training available in all aspects of Work Place Safety. The Certifications you will receive from OH&S will be Nationally Accredited and allow you to work safely on job sites across Canada.

Our selection of safety courses and training offer you nationally accredited training that is both comprehensive and easy to understand. We strive to make the learning experience comfortable and convenient. This means going above and beyond in making sure that our students understand the curriculum and are able to demonstrate competency in their performance.

### **ON-SITE TRAINING**

Phone and ask us about safety courses and training conducted at your workplace. Even if you need a course that is not currently on our calendar, we will try our hardest to help you meet your training needs. We strive to be a flexible training provider and that means providing our clients with high quality training when and where they need it.

### **COURSE DEVELOPMENT**

Does your business need fully customized safety courses and training? Or do none of the current course offerings fit your needs? Ask us about customized and professional course development for your workplace. We will incorporate materials and information related to the work you do. Custom training is more engaging because employees see the relevance and applicability of what they learn.

**Contact us for information about courses:**

**(778) 471-6407**

**or email [info@ohandscanada.ca](mailto:info@ohandscanada.ca)**

