

## **Defensive Driving Basics**

### Safe Driving Strategies for BC's Workers

4 HOUR COURSE



Our Defensive Driving Basics training course has been designed for those with an occupational requirement to safely undertake work activities that involve the driving of a company vehicle on highways and remote access roads to and from the job site.

The goal of this course is to help you understand what the responsibilities are for those who manage, operate and maintain a company roadway vehicle and how to manage those responsibilities to protect your health and safety and the health and safety of your co-workers.

This Defensive Driving Basics course will also establish an understanding of the statutory requirements of the federal COHS, Provincial and Territorial OH&S legislations.

We will achieve our knowledge exchange objectives through classroom discussion.

This course will provide the participant with the necessary knowledge regarding;

- Incident Reporting, Investigations and Disciplinary Process.
- Emergency Preparedness and Vehicle Emergency Kits.
- Driver Qualifications and Licensing Requirements.
- Driver Radio Communications.
- ▶ Safe Vehicle Operation and Safe Driving Principles.
- ► Distracted Driving and Fatigue Management





OH&S Safety Consulting and Training Solutions Ltd.

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# OH&S SAFETY CONSULTING AND TRAINING SOLUTIONS LTD.

OH&S Safety Consulting and Training Solutions is a leading provider of industrial safety training, consultation, and equipment in Kamloops and the rest of Western Canada.

Our goal is to provide you with the most current and up to date training available in all aspects of Work Place Safety. The Certifications you will receive from OH&S will be Nationally Accredited and allow you to work safely on job sites across Canada.

Our selection of safety courses and training offer you nationally accredited training that is both comprehensive and easy to understand. We strive to make the learning experience comfortable and convenient. This means going above and beyond in making sure that our students understand the curriculum and are able to demonstrate competency in their performance.

### **ON-SITE TRAINING**

Phone and ask us about safety courses and training conducted at your workplace. Even if you need a course that is not currently on our calendar, we will try our hardest to help you meet your training needs. We strive to be a flexible training provider and that means providing our clients with high quality training when and where they need it.

#### COURSE DEVELOPMENT

Does your business need fully customized safety courses and training? Or do none of the current course offerings fit your needs? Ask us about customized and professional course development for your workplace. We will incorporate materials and information related to the work you do. Custom training is more engaging because employees see the relevance and applicability of what they learn.

Contact us for information about courses:

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or email info@ohandscanada.ca